




2018 -2019 EMSB Multi-Service Cafeteria Menu

*Cafeteria Menu for
April to June 2019*



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	April 1	April 2	April 3	April 4	April 5
Lunch Entree	Macaroni and Cheese Garden Style Vegetables	Hamburger Salad	Shepherd's Pie Gravy Crinkled Carrots	 Sugar Shack 1 Pancake, 2 chicken Sausage Scrambled Eggs, Roasted Potatoes	Parmigiana Meatloaf (Beef) Mashed Potatoes Mixed Vegetables
Short Order	Vegetarian Quesadilla Mixed Green Salad	Chicken Souvlaki Platter with Tzatziki and Pilaf Rice Sunrise Vegetables	Chicken Salad Roll Delight Corn Salad	Philly Bagel Salad	Chicken Caesar Pizza Gourmet Salad
	April 8	April 9	April 10	April 11	April 12
Lunch Entree	Cheese Tortellini in Rosée Sauce Green Beans	Fish Roulade Seasoned Egg Noodles Garden Style Vegetables	Chicken Pad Thai Pick of the Day Vegetables	Crispy Coated Chicken Leg Potato Wedges Sunrise Vegetables	Rigatoni (Beef) Mixed vegetables
Short Order	Vegetarian Roll Lettuce and Tomato	Multigrain Chicken Burger Caesar Salad	BBQ Rib Sub Mixed Green Salad	Soft Taco Corn Salad	Western Chipotle Pizza Salad
	April 15	April 16	April 17	April 18	April 19
Lunch Entree	Alfredo Ziti Al Forno (Chicken) Cocktail Vegetables	Baked Falafel Pita Plate With Tzatziki Gourmet Salad	Lasagna (Beef) Crinkled Carrots	Meatballs in Gravy Seasoned Vegetables Green Beans	Holiday
Short Order	Cheeseburger Caesar Salad	Cheesy Potato Melt / Chicken Garden Style Vegetables	Mexican Turkey Wrap Mixed Green Salad	Fish Taco Salad and Tomato	
	April 22	April 23	April 24	April 25	April 26
Lunch Entree	Holiday	Zesty Chicken Platter Seasoned Rice with Carrots Cocktail Vegetables	Cheese Manicotti in Tomato Sauce Garden Style Vegetables	BBQ Chicken Leg Potato Wedges Pick of the Day Vegetables	Korean Sesame Beef Basmati Rice Mixed Vegetables
Short Order		Hamburger Lettuce and Tomato	Pulled Pork Sandwich Salad	Quesadilla De Carne Gourmet Salad	Greek Pizza Salad



2018 -2019 EMSB Multi-Service Cafeteria Menu

*Cafeteria Menu for
April to June 2019*



	MONDAY April 29	TUESDAY April 30	WEDNESDAY May 1	THURSDAY May 2	FRIDAY May 3
Lunch Entree	Chicken Souvlaki Platter With Tzatziki and Pilaf Rice Sunrise Vegetables	Beef Macaroni au Gratin Mexican Vegetables	Shepherd's Pie Gravy Mixed Vegetables	Fish Roulade Seasoned Egg Noodles Garden Style Vegetables	Cheese Tortellini in Rosée Sauce Whole Green Beans
Short Order	Italian Meatball Roll (beef) Mixed Green Salad	Multigrain Chicken Burger Lettuce and Tomato	Vegetable Roll Salad	Soft Taco Corn Salad	Chicken Caesar Pizza Gourmet Salad
	May 6	May 7	May 8	May 9	May 10
Lunch Entree	Teriyaki Chicken Mixed Vegetables	Fiesta Chili Platter Bread Roll	Macaroni and Cheese Garden Style Vegetables	Crispy Coated Chicken Leg Potato Wedges Sunrise Vegetables	Salisbury Steak with Gravy Mashed Potatoes Peas and Carrots
Short Order	Mixed Deli Sandwich Caesar Salad	Tuna Melt Salad	Shish Taouk Sandwich Gourmet Salad	Philly Steak Sub Mixed Green Salad	Three Cheese Pizza Crudité and Dip
	May 13	May 14	May 15	May 16	May 17
Lunch Entree	Vegetarian Thai Green Curry Basmati Rice Mixed Thai Vegetables	Parmigiana Meatloaf (Beef) Seasoned Egg Noodles Cocktail Vegetables	Alfredo Ziti Al Forno (Chicken) Crinkled Carrots	Chicken Fried Rice Sunrise Vegetables	Pasta Alla Bolognese (No Cheese) Mixed Vegetables
Short Order	BBQ Rib Sub (Beef) Carrot Slaw	Chicken Fajitas With Salsa Salad	Vegetarian Quesadilla Gourmet Salad	Cheeseburger Mixed Green Salad	Greek Pizza Lettuce and Tomato
	May 20	May 21	May 22	May 23	May 24
Lunch Entree	Holiday	Zesty Chicken Platter Seasoned Rice With Carrots Pick of the Day Vegetables	Cheese Manicotti In Tomato Sauce Sunrise Vegetables	Shepherd's Pie Gravy Garden Style Vegetables	Butter Chicken Basmati Rice Mixed Vegetables
Short Order		Fish Po'boy Coleslaw	Philly Steak Chipotle Wrap Gourmet Salad	Chicken Sub Crudités & Dip	Mexican Pizza Mexican Salad
	May 27	May 28	May 29	May 30	May 31
Lunch Entree	Cheese Tortellini in Rosée Sauce Pick of the Day Vegetables	Korean Sesame Beef Basmati Rice Sunrise Vegetables	Garden Veg Bites Platter with Tzatziki Mixed Vegetables	Lasagna (Beef) Caesar Salad	Glazed Beef Rib Mashed Potatoes Corn
Short Order	BBQ Grilled Chicken Flatbread Crudités & Dip	Fish Taco Lettuce and Tomato	Multigrain Chicken Burger Salad	Mixed Deli Sandwich Cocktail Vegetables	Vegetable Pizza Mixed Green Salad



2018 -2019 EMSB Multi-Service Cafeteria Menu

*Cafeteria Menu for
April to June 2019*



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	June 3	June 4	June 5	June 6	June 7
Lunch Entree	Cheese Manicotti in Tomato Sauce Pick of The Day Vegetables	Olé Meat Pie Parsley Potatoes Mixed Vegetables	BBQ Chicken Leg Potato Wedges Peas and Carrots	Fish & Dip Lettuce and Tomato	African Beef Egg Noodles Cocktail Vegetables
Short Order	Chicken Quesadilla Salsa Salad	Santa Fe Veggie Burger Gourmet Salad E-7	Italian Meatball Roll (Beef) Mixed Green Salad	Chicken Caesar Wrap Lettuce and Tomato	Three Cheese Pizza Caesar Salad
	June 10	June 11	June 12	June 13	June 14
Lunch Entree	Macaroni and Cheese Garden Style Vegetables	Chicken Souvlaki Platter With Tzatziki and Pilaf Rice Sunrise Vegetables	Shepherd's Pie Gravy Crinkled Carrots	Honey Garlic Chicken & Pasta Cocktail Vegetables	Parmigiana Meatloaf (Beef) Mashed Potatoes Green Beans
Short Order	Vegetarian Quesadilla Mixed Green Salad	Hamburger Salad	Chicken Salad Roll Delight Corn Salad	Philly Bagel Salad	Chicken Caesar Pizza Gourmet Salad